



Blue Hen proudly features organic chicken, tofu, dairy, coffee, and selected produce.

appetizers

- FRESH SPRING ROLLS** (V) (GF) **\$8.50**
gỏi cuốn (gà hoặc đậu hũ)
vietnamese spring rolls stuffed with organic chicken or tofu served with a peanut or soy butter sauce
- IMPERIAL ROLLS** (V) (GF) **\$8.50**
chả giò (gà hoặc đậu hũ)
crispy vietnamese rolls stuffed with organic chicken or tofu served with a fish sauce or soy sauce dip
- HAND CUT TURMERIC FRIES** (V) (GF) **\$6.00**
khoai chiên
crispy organic russets mixed with japanese sweet potatoes, served with a fish sauce dip
- BLUE HEN SALAD** (V) (GF) **\$8.50**
gỏi gà
organic chicken or tofu, cabbage, carrots, peanuts, and herbs in a shallot-garlic dressing (fish sauce or soy)

sides

- LITTLE PHO** / phở gà **\$7.00**
beef add \$1.50 (little pho not available for togo orders)
- MARKET GREENS** / rau xào **\$5.50**
- MAMA LUU'S TOFU** / đậu hũ mỡ hành **\$5.50**
- JASMINE RICE** / **BROWN RICE** / cơm **\$1.50/ \$2.00**

homemade organic desserts

- CLASSIC CARAMEL FLAN** (GF) **\$6.00**
made with organic eggs and milk
- GINGER RICE PUDDING** / chè (V) (GF) **\$5.00**
served with homemade ginger candy
- BANANA BREAD PUDDING** / bánh chuối (V) **\$5.00**
made with organic bananas and drizzled with caramel sauce

drinks

- LIME TONIC** **\$3.75**
soda chanh
fresh squeezed organic limes, sparkling water & simple syrup
- ORANGE TONIC** **\$3.75**
soda cam
fresh squeezed organic oranges, sparkling water & simple syrup
- ORGANIC COFFEE WITH CONDENSED MILK** **\$3.75**
cà phê sữa đá (hoặc nóng)
served Vietnamese-style in individual filters with condensed milk (hot or iced)
- JASMINE GREEN TEA** **\$2.50**
trà đá (hoặc nóng)
- SODA POP** **\$2.00**
coke/diet coke, sprite

entrees

- VIETNAMESE NOODLE SOUP** (V) (GF) **\$11.00**
phở
aromatic broth served with rice noodles topped with cilantro and onions. garnished with bean sprouts, lime, jalapeno peppers, basil, and vinegar onions. soup options include:
organic chicken or tofu with chicken stock
organic tofu with vegetarian stock
usda tri tip beef with beef stock: add \$2.00
- VIETNAMESE CREPE** (V) (GF) **\$11.25**
bánh xèo
sautéed organic chicken, tofu, or shrimp with onions and bean sprouts, in a savory coconut milk, rice flour and mung bean mixture. served on a bed of lettuce with pickled daikon and carrots with a garlic fish sauce dressing. (vegetarian soy vinaigrette on request) (shrimp, add \$2.00)
- CARAMELIZED GINGER CHICKEN AND TOFU** (GF) **\$11.00**
cơm gà kho gừng
braised organic chicken and tofu served with rice and side of market greens
- MAMA LUU'S TOFU** (V) (GF) **\$10.75**
cơm đậu hũ mỡ hành
crispy organic tofu dressed with scallions and served with rice and side of market greens (vegetarian scallion dressing on request)
- HOME-STYLE CURRY** (V) (GF) **\$11.00**
cà ri gà hoặc đậu hũ
vietnamese-style curry with organic chicken or tofu, potatoes, and carrots, served with rice and market greens (vegetarian curry on request)
- BLUE HEN SANDWICH** **\$10.25**
bánh mì gà nướng
organic chicken on french baguette with fresh herbs and homemade cilantro mayo, served with turmeric fries or blue hen salad
- RICE NOODLE SALAD** (V) (GF) **\$10.50**
bún chả giò (gà hoặc đậu hũ)/ gà nướng
served with imperial rolls (organic chicken or tofu) or oven-roasted lemongrass chicken, salad greens, peanuts and fish or soy sauce
- GRANDPA'S PORRIDGE** (GF) **\$10.00**
cháo gà
organic chicken, brown rice, napa cabbage and vietnamese hot mint
- BABY HEN** (V) (GF) **\$6.25**
phở gà/chả giò
vietnamese noodle soup with fries or imperial roll
upgrade to jr. hen: add \$2.00

prices are subject to change without notice.
add .75 for brown rice

(V) VEGAN OPTION (GF) GLUTEN FREE OPTION
please ask your server for specific GF and V choices

EAT DRINK ORGANIC

Blue Hen supports local farms and sustainable farming principles. We buy from local farms and organic suppliers whenever possible. When you eat at the Hen, you support good healthy local food. We make all our food from scratch and use no MSG in our cooking.